



FOOTBALL UNIVERSITY

TEXAS SHOWDOWN - COVID 19 CAMP PROTOCOLS

FBU is dedicated to ensuring the safety, health and betterment of any student-athletes that we have the opportunity to interact with during our events. For that reason, we utilized the official guidelines provided by the Center of Disease Control regarding Covid-19 to help us outline our event protocols & processes (CDC Covid-19 Guidelines).

Pre-Event Guidelines

❖ Athletes, staff, and all participants are required to stay home if they are experiencing any of the following symptoms prior to the start of the FBU Event:

- Cough, chills and sore throat
- Shortness of breath or difficulty breathing
- Repeated shaking with chills
- Headache
- Loss of taste or smell
- Diarrhea
- Feeling feverish or having a temperature equal or greater than 100
- Any known close contact with a person who is confirmed to have COVID-19

Event-Specific Guidelines

❖ Any individual at an FBU event that is displaying symptoms of Covid-19 will be asked to immediately isolate and vacate the premises and encouraged to seek medical care.

❖ All attendees should cover coughs and sneezes with a tissue if possible, or the inside of your elbow. Throw used tissues in nearest trash can and immediately wash your hands with soap and water for 20 seconds or hand sanitizer.

❖ Any and all attendees (staff, players, parents, etc.) of an FBU event will be recommended to wear a protective mask and gloves throughout duration of event. All FBU Staff and Volunteers will wear protective masks and gloves.

❖ Any and all attendees (staff, players, parents, etc.) of an FBU event will be required to thoroughly wash hands and/or use hand sanitizer before entering the event area.

❖ All FBU Staff, Volunteers, and Athletes must have a temperature below 100.4 degrees to participate.

❖ All event activities will be outside; all indoor facilities and activities will be off limits.

❖ All attendees at an FBU event will adhere to 6-ft social distancing guidelines throughout the duration of the event with the exception of specific drills.





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- ❖ Sanitation stations will be set-up throughout event location – including all main entry/exit points of event.
- ❖ To assist with 6-ft distancing guideline, FBU will block off every other row in the bleachers and families may remain seated together.
- ❖ Classroom sessions will be limited to small position groups on the field and FBU recommends players wear masks and maintain safe distance guidelines.
- ❖ Quarterbacks are required to wash hands and use disinfectant before throws, during every water break and at the end of the camp.
- ❖ Handshakes, high-fives, chest bumps and other forms of contact are forbidden.
- ❖ It is highly advised that all attendees avoid contact with eyes, nose and mouth with unwashed hands/gloves.
- ❖ It is highly advised that all players sanitize their hands BEFORE departing the event.
- ❖ All FBU equipment will be disinfected at the end of each day and or between sessions.
- ❖ Any individual who is blatantly disregarding the guidelines outlined throughout duration of the event will be asked to vacate the premises immediately.
- ❖ Athletes will be in groups of no more than 20:1 player to coach ratio. Athletes will stay in their same groups throughout the event.
- ❖ Athletes are encouraged to bring their own water bottles; no water sharing will be allowed. Gatorade will be available in disposable cups following sanitary guidelines.

