



FOOTBALL UNIVERSITY TEXAS SHOWDOWN

The 2019 FBU Texas Showdown Full Event Schedule

SATURDAY

8:00 AM - 9:30 AM	Registration
9:30 AM - 9:55 AM	Welcome Orientation
9:55 AM - 10:10 AM	Athlete Position Meeting (assigned classroom)
10:10 AM - 10:20 AM	Transition to Fields
10:20 AM - 10:30 AM	Dynamic On-field Warmup
10:30 AM - 12:20 PM	On-field Practice Session
12:20 PM - 12:30 PM	Transition to Cafeteria
12:30 PM - 1:10 PM	Athlete Lunch
1:10 PM - 1:20 PM	Transition to Classrooms
1:20 PM - 2:10 PM	Film Room Session (assigned classroom)
1:30 PM - 2:00 PM	Parent Meeting <i>When Our Heart is on the Field</i> (presenters Val Williams, Jeanie Arbuckle Miles & Nina Cobb)
2:10 PM - 2:20 PM	Transition to Fields
2:20 PM - 2:30 PM	Dynamic On-field Warmup
2:30 PM - 4:40 PM	On-field Practice Session
4:40 PM - 4:50 PM	Athlete Breakdown & Dismissal

SUNDAY

9:00 AM - 9:30 AM	All Team Meeting <i>Keynote Speaker</i>
9:30 AM - 9:45 AM	All Team Meeting <i>Positional Challenge and Showcase Demonstration</i> (Orientation room)
9:45 AM - 9:55 AM	Transition to Field
9:55 AM - 10:05 AM	Dynamic On-field Warmup
10:05 AM - 12:00 PM	Positional Challenges
12:00 PM - 12:10 PM	Transition to Cafeteria
12:10 PM - 12:40 PM	Athlete Lunch
12:40 PM - 12:50 PM	Transition to Classrooms
12:50 PM - 1:20 PM	Film Room Session (assigned classroom)
1:20 PM - 1:30 PM	Transition to Fields
1:30 PM - 1:40 PM	Dynamic On-field Warmup
1:40 PM - 3:30 PM	On-field Practice Session
3:30 PM - 3:40 PM	Transition to Orientation Room
3:40 PM - 4:00 PM	All Team Meeting Athlete Breakdown & Awards (Orientation Room)

WHERE FOOTBALL PLAYERS GET BETTER

