



FOOTBALL UNIVERSITY

2018 FBU Camp Schedule

Saturday

8:00am – 9:00am	Registration
9:00am – 9:25am	Welcome Orientation
9:35am – 10:10am	Orientation by Position (Player's Assigned Classrooms)
9:35am – 9:55am	Parent NCSA Seminar (Orientation Room)
10:20am – 10:30am	Dynamic On-Field Warm-Up
10:30am – 12:30pm	On-Field Practice #1
11:50am – 12:20pm	FBU 101 (1st, 2nd, 3rd, 4th grade clinic) Registration (FBU Registration Area)
12:20pm – 12:40pm	FBU 101 (1st, 2nd, 3rd, 4th grade clinic) Orientation
12:40pm – 1:40pm	FBU 101 (1st, 2nd, 3rd, 4th grade clinic) On-Field
12:30pm – 12:50pm	Parent & Instructor Film Room Q&A Session (Player's Assigned Classroom)
12:40pm – 1:05pm	Middle School Athlete Lunch
12:40pm – 1:05pm	High School Team Meeting: <i>Film Study is a Technique</i> (Orientation Room)
1:05pm – 1:15pm	High School & Middle School Athlete NCSA Seminar (Orientation Room)
1:15pm – 1:30pm	Middle School Team Meeting: <i>Film Study is a Technique</i> (Orientation Room)
1:15pm – 1:40pm	High School Athlete Lunch
1:50pm – 2:45pm	Film Room by Position #1 (Player's Assigned Classroom)
2:55pm – 3:05pm	Dynamic On-Field Warm-Up
3:05pm – 5:05pm	On-Field Practice #2
5:05pm – 5:15pm	Athlete Positional Meeting Breakdown

Sunday

8:00am – 8:20am	Team Meeting: <i>All American Games – Helping Kids Succeed</i> (Orientation Room)
8:25am – 8:50am	Parent Meeting: <i>Recruiting Profile Demonstration presented by NCSA</i>
8:25am – 9:15am	Film Room by Position #2 (Player's Assigned Classroom)
9:25am – 9:35am	Dynamic On-Field Warm-Up
9:35am – 10:55am	On-Field Practice #3
11:05am – 11:55am	High School Athlete Evaluations & Lunch
11:05am – 11:55am	Middle School Athlete Lunch & Evaluations
12:00pm – 12:20pm	Team Meeting: Brand University (Orientation Room)
12:30pm – 12:40pm	Dynamic On-Field Warm-Up
12:40pm – 2:05pm	On-Field Practice #4
2:15pm – 2:30pm	Award Ceremony & Closing Remarks (Orientation Room)
2:30pm – 3:45pm	Player Evaluations (Player's Assigned Classroom)



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2018 FBU Camp Notes

PARKING: Available at the school and/or surrounding streets, pending venue.

APPAREL: During registration you will receive a cinch bag with adidas performance apparel. Please wear all of your Football University issued apparel.

MERCHANDISE: Official FBU merchandise will be available for purchase at the camp or at our online store www.fbustore.com.

MEALS: Athletes will be provided lunches & Gatorade products as part of the camp.

*If you have a food allergy please let us know a minimum of one week prior to attending camp.

ALL ATHLETES MUST BRING THE FOLLOWING ITEMS:

- MOUTH GUARD (For sale at merchandise)
- HELMETS (Linemen only)
- CLEATS (Plastic bottoms)
- SHOES OR SANDALS
- ROUTE TREES (Emailed prior to camp)
- NOTEBOOK & WRITING UTENSIL

HOUSE RULES: Athletes must wear a mouth guard while participating in all drills. Cleats are not to be worn inside the facilities.

FBU 101 - Athletes in grades 1st 2nd 3rd and 4th grade have an opportunity to experience what a Football University camp is like. The registration fee is \$20 and includes a t-shirt. Registration and payment takes place on-site (refer to itinerary for specific times).

PARENTS: We encourage you to participate in the activities with your student-athlete from film room sessions, team meetings, and on-field practices. You're allowed alongside the field, but not permitted on, to watch and listen to our FBU coaches. You may choose to bring your own chair or sit in the bleachers at the field.

Please Remain Flexible!

This itinerary is subject to change based on local weather conditions. Any changes will be made in an attempt to preserve the complete Football University experience, without sacrificing player safety.

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