



FOOTBALL UNIVERSITY

2018 FBU Camp Schedule

Saturday Schedule

8:00am – 9:00am	Registration
9:00am – 9:30am	Welcome Orientation
9:35am – 10:10am	Film Room by Position #1
10:20am – 10:30am	Dynamic On-Field Warm-Up
10:30am – 12:30pm	On-Field Practice #1
11:00am – 11:45am	Football Fundamentals Registration
12:00pm – 12:30pm	Football Fundamentals Orientation
12:40pm – 1:40pm	Football Fundamentals Practice
12:30pm – 12:50pm	Parent & Instructor Film Room Q&A Session
12:40pm – 1:05pm	Middle School Athlete Lunch
12:40pm – 1:05pm	High School Team Meeting: <i>Film Study is a Technique</i>
1:05pm – 1:15pm	High School & Middle School Athlete NCSA Seminar
1:15pm – 1:30pm	Middle School Team Meeting: <i>Film Study is a Technique</i>
1:15pm – 1:40pm	High School Athlete Lunch
1:50pm – 2:45pm	Film Room by Position #2
2:00pm – 2:30pm	Parent NCSA Seminar
2:55pm – 3:05pm	Dynamic On-Field Warm-Up
3:05pm – 5:05pm	On-Field Practice #2
5:05pm – 5:15pm	Athlete Positional Meeting Breakdown

Sunday Schedule

8:00am – 8:20am	Team Meeting: <i>All American Games – Helping Kids Succeed</i>
8:25am – 8:50am	Parent Meeting: <i>Recruiting Profile Demonstration presented by NCSA</i>
8:25am – 9:15am	Film Room by Position #3
9:25am – 9:35am	Dynamic On-Field Warm-Up
9:35am – 10:55am	On-Field Practice #3
11:05am – 11:55am	High School Athlete Evaluations & Lunch
11:05am – 11:55am	Middle School Athlete Lunch & Evaluations
12:00pm – 12:20pm	Team Meeting: Brand University
12:30pm – 12:40pm	Dynamic On-Field Warm-Up
12:40pm – 2:05pm	On-Field Practice #4
2:15pm – 2:30pm	Award Ceremony & Closing Remarks
2:30pm – 3:45pm	Player Evaluations



FOOTBALL UNIVERSITY

2018 FBU Camp Notes

PARKING: Available at the school and/or surrounding streets, pending venue.

APPAREL: During registration you will receive a cinch bag with adidas performance apparel. Please wear all of your Football University issued apparel.

MERCHANDISE: Official FBU merchandise will be available for purchase at the camp or at our online store www.fbustore.com.

MEALS: Athletes will be provided lunches & Gatorade products as part of the camp.

*If you have a food allergy please let us know a minimum of one week prior to attending camp.

ALL ATHLETES MUST BRING THE FOLLOWING ITEMS:

- MOUTH GUARD (On-sale at merchandise)
- HELMETS (Linemen only)
- CLEATS (Plastic bottoms)
- SHOES OR SANDALS
- ROUTE TREES (E-mailed prior to camp)
- NOTEBOOK & WRITING UTENSIL

HOUSE RULES: Athletes must wear a mouth guard while participating in all drills. Cleats are not to be worn inside the facilities.

FOOTBALL FUNDAMENTALS: Athletes in grades 4th and 5th have an opportunity to experience what a Football University camp is like. The registration fee is \$20 and includes a t-shirt. Registration and payment takes place on-site (refer to itinerary for specific times).

PARENTS: We encourage you to participate in the activities with your student-athlete from film room sessions, team meetings, and on-field practices. You're allowed alongside the field, but not permitted on, to watch and listen to our FBU coaches. You may choose to bring your own chair or sit in the bleachers at the field.

Parents & Athletes...Please remain flexible!

This itinerary is subject to change based on weather conditions throughout the camp. Any changes will be made in an attempt to preserve the complete Football University experience, without sacrificing player safety.

Follow us on Social Media:



/FBUCamp



/FootballUniversity



/FootballUniversity



/FootballUniversity



/fbucamp

Stay up to date with Football University at:

www.footballuniversity.org

Phone: 973-366-5027 Fax: 973-366-8449