

# Top Gun Showcase

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## 2017 FBU Top Gun Schedule – Rock Hill, SC High School Athletes (Graduating Class of 2017, 2018, 2019, 2020)

### Saturday, July 8<sup>th</sup> (Day 1)

9:00 AM – 12:00 PM	Athlete Registration (Auxiliary Gym)
10:00 AM – 12:30 PM	Athlete Registration Circuit (Auditorium) <b>ATHLETES &amp; PARENTS MUST ATTEND ONE OF THE CIRCUIT SESSIONS BELOW</b> <ul style="list-style-type: none"><li>• 10:00 AM – 10:45 AM</li><li>• 11:15 AM – 12:00 PM</li></ul>
1:00 PM – 1:30 PM	Athlete Lunch (Cafeteria) <b>ATHLETES ONLY</b>
1:45 PM – 2:15 PM	Athletes attend Athlete Orientation (Auditorium)
2:00 PM – 2:15 PM	Parents assemble in Main Gym (Main Gym)
2:15 PM – 2:30 PM	Athletes enter Main Gym
2:30 PM – 3:15 PM	Opening Ceremonies (Main Gym)
3:15 PM – 3:30 PM	Athletes transition to classrooms
3:30 PM – 4:30 PM	Athletes Classroom Session #1 <b>ATHLETES ONLY</b>
3:30 PM – 4:30 PM	<i>Young Guns Workout (Field 4 &amp; 5) SIBLINGS (AGES 5 – 12) OF ATHLETES ONLY</i> (Subject to change)
3:30 PM – 4:30 PM	<i>Special Family Challenge (Stadium) SIBLINGS OF ATHLETES ONLY</i> (Subject to change)
4:30 PM – 4:40 PM	Athletes walk to fields
4:40 PM – 6:15 PM	Athletes On-Field Session #1

### Sunday, July 9<sup>th</sup> (Day 2)

9:00 AM – 9:45 AM	<i>Athlete &amp; Parent Seminar – Dr. Jen Welter (Main Gym)</i>
9:45 AM – 10:00 AM	Parents transition to seminar (Auditorium)
9:45 AM – 10:00 AM	Athletes transition to classrooms
10:00 AM – 11:05 AM	Athlete Classroom Session #2 <b>ATHLETES ONLY</b>
10:15 AM – 11:05 AM	<i>Parent Seminar – NCSA – Perfecting Your Profile for Maximum Exposure (Auditorium)</i>
11:05 AM – 11:15 AM	Athletes transition to fields
11:15 AM – 1:10 PM	Athletes On-Field Session #2
1:10 PM – 1:20 PM	Athletes transition to school
1:20 PM – 1:50 PM	Athlete Lunch (Cafeteria) <b>ATHLETES ONLY</b>
1:50 PM – 1:55 PM	Athletes transition to classrooms
1:55 PM – 2:50 PM	Athlete Classroom Session #3 <b>ATHLETES ONLY</b>
2:50 PM – 3:00 PM	Athletes transition to fields
3:00 PM – 4:50 PM	Athletes On-Field Session #3
4:50 PM – 5:00 PM	Athletes Positional Meeting Breakdown On-Field

## Monday, July 10<sup>th</sup> (Day 3)

9:00 AM – 9:45 AM	<i>Athlete &amp; Parent Seminar – Richie Contartesi – You Don't Have To Be a Prototype (Main Gym)</i>
9:45 AM – 10:00 AM	Athletes transition to classrooms
10:00 AM – 10:45 AM	Athlete Classroom Session #4 <b>ATHLETES ONLY</b>
10:00 AM – 10:45 AM	<i>Parent Seminar – Gatorade – Fuel to Win (Auditorium)</i>
10:45 AM – 10:55 AM	Athletes transition to fields
10:55 AM – 12:50 PM	Athletes On-Field Session #4
12:50 PM – 1:00 PM	Athletes transition to school
1:00 PM – 1:30 PM	Athlete Lunch (Cafeteria) <b>ATHLETES ONLY</b>
1:30 PM – 1:35 PM	Athletes transition to classrooms
1:35 PM – 2:40 PM	Athlete Classroom Session #5 <b>ATHLETES ONLY</b>
2:40 PM – 2:50 PM	Athletes transition to fields
2:50 PM – 4:30 PM	Athletes On-Field Session #5
4:30 PM – 4:45 PM	Athletes & Parents transition to Main Gym
4:45 PM – 5:30 PM	Closing Ceremonies (Main Gym)

**\*Schedule subject to change**

## FBU Top Gun Logistical Notes

### **What Athletes Should Bring**

Athletes will receive performance apparel; however, we highly recommend you bring the following clothing and/or items. A **Mouth Guard IS MANDATORY** – if forgotten, extras may be purchased on-site. **All linemen should also bring their own helmet.** FBU is not responsible and will not have any helmets on-site for athletes to use. Each athlete must also bring a gym bag containing: shorts, t-shirt, socks, towel, plastic football cleats (no metal cleats allowed), slides and/or running/workout sneakers – as well as a pen and notepad (for the classroom sessions).

### **Apparel**

During registration you will receive your bag of FBU Top Gun apparel including two jerseys, one pair of shorts, one pair of compression shorts, muscle bands, and a soft shell helmet. Please wear your FBU apparel during the camp, and be sure to give your bag (with your remaining gear) to your parent(s)/guardian(s) or secure it in your vehicle.

### **Athlete Meals**

Athlete meals are provided as part of the camp at above designated dates/times only. Athletes are responsible for all other meals. There will be food concessions available for spectators at South Point High School.

### **Merchandise**

FBU Top Gun apparel will be available for purchase on-site at the camp.

## **Parent Seating**

There are a limited number of bleacher seats available at the fields. We encourage you to bring your own lawn chair and/or blanket and shade umbrella. **Please note that parents will not be allowed on the field at any time.**

## **Lodging**

Lodging is the full responsibility of the FBU athletes and their parents/guardians. A list of lodging options can be found by visiting the Top Gun page on [www.footballuniversity.org](http://www.footballuniversity.org). FBU has initiated a Stay & Play policy that requires all team athletes to stay in one of our team hotels to be eligible to participate in the Top Gun Camp. Stay & Play is a tight partnership with FBU, hotels, athletes, and parents. FBU's goal is to enhance the housing experience of the tournament by selecting the best possible hotels and improve the reservation process.

## **Venue/Directions**

South Pointe High School, 801 Neely Road, Rock Hill SC 29730

### **From the North:**

- I-77 South
- Take exit 77; SC-5/U.S-21 (toward Rock Hill/Lancaster)
- Merge onto to SC-5 toward Rock Hill
- Stay straight to go onto Albright Road/SC-121/SC-72 Bypass (Continue to follow SC-121)
- Turn right onto Rawlsville Road
- Turn left onto Neely Road
- South Pointe High School will be on your left

### **From the South:**

- I-77 North
- Take exit 73; SC-901/Mount Holly Road
- Turn left onto Saluda Street/SC-121/SC-72
- Turn right onto Rawlsville Road
- Turn left onto Neely Road
- South Pointe High School will be on your left