

Top Gun Showcase



100 Forge Way, Rockaway, NJ 07866, P: (973) 366-5027, F: (973) 366-8449

2016 FBU Top Gun Schedule – Rock Hill, SC High School Athletes (Graduating Class of 2016, 2017, 2018, 2019)

Thursday, July 14th (Day 1)

9:00 AM – 12:30 PM	Athlete Registration (Auxiliary Gym)
11:00 AM – 1:30 PM	Athlete Registration Circuit (Auditorium) ATHLETES & PARENTS MUST ATTEND ONE OF THE CIRCUIT SESSIONS BELOW <ul style="list-style-type: none">• 11:00 AM – 12:00 PM• 12:30 PM – 1:30 PM
1:45 PM – 2:15 PM	Athletes attend Athlete Welcome Orientation (Auditorium)
2:00 PM – 2:15 PM	Parents attend Parent Welcome Orientation (Main Gym)
2:15 PM – 2:30 PM	Athletes enter Main Gym
2:30 PM – 3:15 PM	Athletes & Parents attend FBU Opening Ceremonies (Main Gym)
3:15 PM – 3:30 PM	Athletes transition to Cafeteria
3:30 PM – 4:00 PM	Athlete Dinner (Cafeteria) ATHLETES ONLY
4:00 PM – 5:00 PM	<i>Young Guns Workout</i> SIBLINGS (AGES 5 – 11) OF ATHLETES ONLY
4:00 PM – 4:05 PM	Athletes transition to classrooms
4:05 PM – 5:00 PM	Athletes Classroom Session #1 ATHLETES ONLY
5:00 PM – 5:10 PM	Athletes walk to fields
5:10 PM – 7:00 PM	Athletes On-Field Session #1

Friday, July 15th (Day 2)

8:45 AM – 9:00 AM	Athletes arrive and assemble (Main Gym)
9:00 AM – 9:45 AM	<i>Athlete & Parent Seminar – Laymon Hicks – Go Get It!</i> (Main Gym)
9:45 AM – 10:00 AM	Parents transition to seminar (Auditorium)
9:45 AM – 10:00 AM	Athletes transition to classrooms
10:00 AM – 11:05 AM	Athlete Classroom Session #2 ATHLETES ONLY
10:15 AM – 11:05 AM	<i>Parent Seminar – Jennifer Brunelli, Carolina Panthers Nutritionist – Gatorade – Win from Within</i> (Auditorium)
11:05 AM – 11:15 AM	Athletes transition to fields
11:15 AM – 1:10 PM	Athletes On-Field Session #2
1:10 PM – 1:20 PM	Athletes transition to school
1:20 PM – 1:50 PM	Athlete Lunch (Cafeteria) ATHLETES ONLY
1:50 PM – 1:55 PM	Athletes transition to classrooms



1:55 PM – 2:50 PM
2:50 PM – 3:00 PM
3:00 PM – 4:50 PM
4:50 PM – 5:00 PM

Athlete Classroom Session #3 **ATHLETES ONLY**
Athletes transition to fields
Athletes On-Field Session #3
Athletes Positional Meeting Breakdown On-Field

Saturday, July 16th (Day 3)

8:45 AM – 9:00 AM
9:00 AM – 9:45 AM

Athletes arrive and assemble (Main Gym)
Athlete & Parent Seminar – Erik Vendt – The Evolution of an Olympic Athlete (Main Gym)

9:45 AM – 10:00 AM
10:00 AM – 10:45 AM
10:00 AM – 10:45 AM

Athletes transition to classrooms
Athlete Classroom Session #4 **ATHLETES ONLY**
Parent Seminar – Mike Dunlevy & Scott Alexander – NCSA Recruiting Workshop: Utilizing Your NCSA Recruiting Coach for Exposure (Auditorium)

10:45 AM – 10:55 AM
10:55 AM – 12:50 PM
12:50 PM – 1:00 PM
1:00 PM – 1:20 PM

Athletes transition to fields
Athletes On-Field Session #4
Athletes transition to school
11th Grade Athlete & Parent Seminar – De’Andre Johnson – Domestic Violence (Auditorium)

1:00 PM – 1:30 PM
1:20 PM – 1:40 PM
1:30 PM – 1:35 PM
1:45 PM – 1:50 PM
1:35 PM – 2:40 PM
2:40 PM – 2:50 PM
2:50 PM – 4:30 PM
4:30 PM – 4:45 PM
4:45 PM – 5:15 PM

Athlete Lunch (Cafeteria) **ATHLETES ONLY**
11th Grade Athletes Lunch (Cafeteria)
Athletes transition to classrooms
11th Grade Athletes transition to classrooms
Athlete Classroom Session #5 **ATHLETES ONLY**
Athletes transition to fields
Athletes On-Field Session #5
Athletes & Parents transition to Main Gym
Closing Ceremonies (Main Gym)

***Schedule subject to change**

FBU Top Gun Logistical Notes

South Pointe High School, 801 Neely Road, Rock Hill SC 29730

From the North:

- I-77 South
- Take exit 77; SC-5/U.S-21 (toward Rock Hill/Lancaster)
- Merge onto to SC-5 toward Rock Hill
- Stay straight to go onto Albright Road/SC-121/SC-72 Bypass (Continue to follow SC-121)
- Turn right onto Rawisville Road
- Turn left onto Neely Road
- South Pointe High School will be on your left



2016 Football University Top Gun High School Schedule, Rock Hill, SC (July, 14th – 16th)

From the South:

- I-77 North
- Take exit 73; SC-901/Mount Holly Road
- Turn left onto Saluda Street/SC-121/SC-72
- Turn right onto Rawisville Road
- Turn left onto Neely Road
- South Pointe High School will be on your left

What Athletes Should Bring

Athletes will receive performance apparel; however, we highly recommend you bring the following clothing and/or items. A **Mouth Guard IS MANDATORY** – if forgotten, extras may be purchased on-site. **All linemen should also bring their own helmet.** FBU is not responsible and will not have any helmets on-site for athletes to use. Each athlete must also bring a gym bag containing: shorts, t-shirt, socks, towel, plastic football cleats (no metal cleats allowed), slides and/or running/workout sneakers – as well as a pen and notepad (for the classroom sessions).

Apparel

During registration you will receive your bag of FBU Top Gun apparel including two pairs of shorts, two FBU Top Gun jerseys, one pair of socks, one pair of gloves, one headband and muscle bands. Please wear your FBU apparel during the camp, and be sure to give your bag (with your remaining gear) to your parent(s)/guardian(s) or secure it in your vehicle.

Athlete Meals

Athlete meals are provided as part of the camp at above designated dates/times only. Athletes are responsible for all other meals. There will be food concessions available for spectators at South Point High School.

Merchandise

FBU Top Gun apparel will be available for purchase on-site at the camp.

Parent Seating

There are a limited number of bleacher seats available at the fields. We encourage you to bring your own lawn chair and/or blanket and shade umbrella. **Please note that parents will not be allowed on the field at any time.**

Lodging

Lodging is the full responsibility of the FBU athletes and their parents/guardians. A list of lodging options can be found by visiting the Top Gun page on www.footballuniversity.org. FBU has initiated a Stay&Play policy that requires all team athletes to stay in one of our team hotels to be eligible to participate in the Top Gun Camp. Stay&Play is a tight partnership with FBU, hotels, athletes, and parents. FBU's goal is to enhance the housing experience of the tournament by selecting the best possible hotels and improve the reservation process.

